Purpose
The American Academy of Pediatric Dentistry (AAPD) recognizes the importance of educating the public and health professionals on the health implications of oral and perioral piercings.

Methods
This policy was based on a MEDLINE search using keywords “body piercing” and “oral piercing” and relevant articles from the dental and medical literature.

Background
The use of intraoral jewelry and piercings of oral and perioral tissues have been gaining popularity among adolescents and young adults. Oral piercings involving the tongue, lips, cheeks, and uvula have been associated with pathological conditions including pain, infection, scar formation, tooth fractures, metal hyper-sensitivity reactions, localized periodontal disease, speech impediment, and nerve damage. Life-threatening complications associated with oral piercings have been reported, including bleeding, edema, and airway obstruction. Unregulated piercing parlors and techniques have been identified by the National Institutes of Health as a possible vector for disease transmission (e.g., hepatitis, tetanus, tuberculosis) and as a cause of bacterial endocarditis in susceptible patients.

Policy statement
The AAPD strongly opposes the practice of piercing intraoral and perioral tissues and use of jewelry on intraoral and perioral tissues due to the potential for pathological conditions and sequelae associated with these practices.

References