



# MOUTH MADNESS

## THE TOURNAMENT OF TOOTH CARE



Help your children's teeth take on the Mouth Monsters with coaching from the pros at your Pediatric Dentist's office.  
Learn more at [mychildrensteeth.org](http://mychildrensteeth.org).



AMERICA'S PEDIATRIC DENTISTS  
THE BIG AUTHORITY on little teeth®



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## FLUORIDE ON OFFENSE

Put fluoride in your little one's oral care game to help strengthen teeth and defeat Tooth D.K. It's the #1 cost-effective way to prevent tooth decay.



For an information assist,  
visit [mychildrensteeth.org](http://mychildrensteeth.org).



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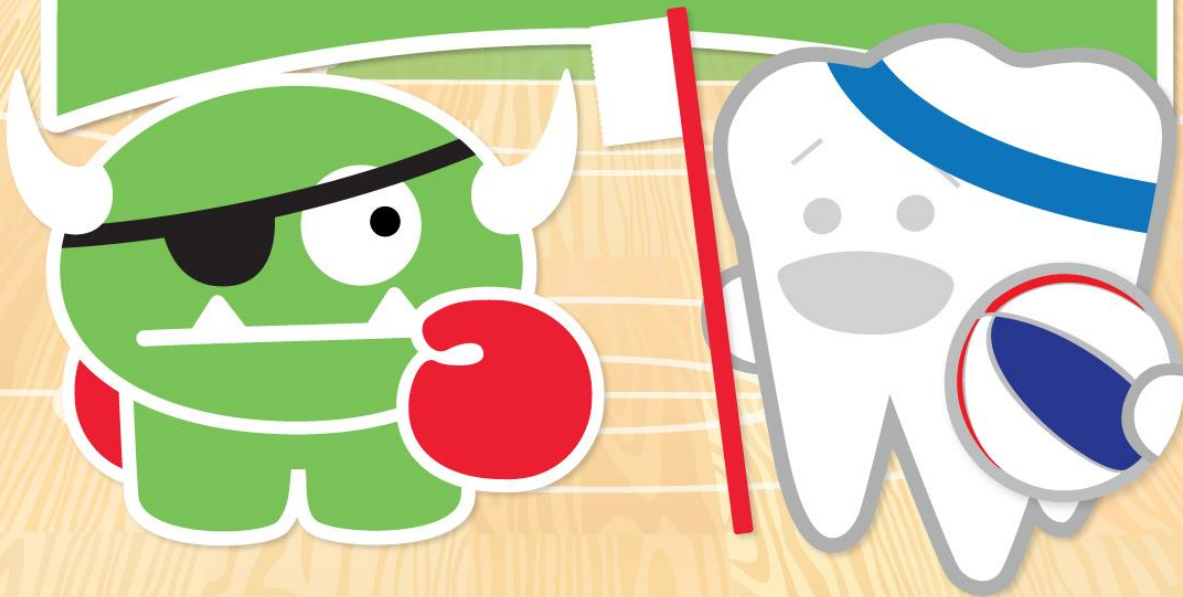


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## PRACTICE A WINNING ROUTINE

1. Brush for 2 minutes 2 times a day and floss daily.
2. Wait 30 minutes after eating or drinking something acidic before brushing to help protect children's enamel.
3. Get coaching from the pros at your Pediatric Dentist's office every 6 months.



Learn more drills to defeat the Mouth Monsters  
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## SHOOT FOR 3 – SET UP AN ORAL CARE GAME PLAN

1. Choose a Pediatric Dentist's office as your dental home court.
2. Post your family's game plan for dental emergencies on the fridge.
3. Guard against injury with a mouth guard.



Find more ways to score big in the oral care game  
at [mychildrensteeth.org](http://mychildrensteeth.org).



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